

PRO GROW

INDUSTRY LEADING PERFORMANCE

DLI PLANT GUIDE

PLANT TYPE	(DLI) Daily Light Integral	LIGHT HOURS PER DAY
Arugula	15 to 20	10 to 14
Basil	15 to 25	14 to 18
Bok Choy	10 to 12	6 to 10
Broccoli	15 to 35	14 to 18
Butter Lettuce	14 to 17	12 to 14
Cantelope	25 to 30	14 to 18
Cannabis	12 to 55	12 to 18
Capsicum	20 to 30	12 to 16
Cauliflower	10 to 15	8 to 10
Chamomile	10 to 15	6 to 10
Chervil (French Parsley)	10 to 15	6 to 10
Chickory	10 to 15	8 to 14
Chives	15 to 20	12 to 14
Cilantro	15 to 20	12 to 14
Coriander	15 to 20	12 to 14
Cucumber	20 to 30	14 to 16
Cuttings (Herbs)	7 to 10	8 to 10
Dill	15 to 20	12 to 14
Eggplant	20 to 30	12 to 16
Garlic	15 to 25	12 to 14
Honey Dew Melon	25 to 30	14 to 18
Kale	15 to 20	10 to 12
Lavender	15 to 25	12 to 14
Leafy Greens	12 to 24	12 to 14
Lemon Balm	15 to 20	12 to 14
Mint	12 to 26	8 to 12
Oregano	15 to 20	12 to 14
Parsley	10 to 16	8 to 10
Pea	9 to 11	8 to 12
Peppers	30 to 40	14 to 18
Pumpkin	25 to 35	14 to 18
Rosemary	10 to 20	8 to 12
Sage	10 to 20	8 to 12
Seedlings (Mature)	12 to 15	8 to 12
Seedlings (New)	5 to 10	6 to 8
Seedlings (Tomato)	20 to 25	14 to 18
Spearmint	15 to 20	8 to 14
Spinach	15 to 20	12 to 14
Squash	25 to 30	14 to 18
Swiss Chard	14 to 16	12 to 14
Thyme	10 to 20	12 to 14
Tomato	22 to 32	14 to 18
Watercress	15 to 25	12 to 16
Watermelon	25 to 30	12 to 16
Zucchini	25 to 30	14 to 18